

# UpWrite Words

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## Love Letter — “An Old Mythology”

*My Dear, I just wanted to say ~*

*After speaking with you, I understand.*

*You live under this old mythology that ~*

*Good things are taken away*

*You may, in fact, not be good enough to get what you want.*

*Perhaps you did wrong and don't deserve it, after all.*

*You believe there is plenty of anecdotal “proof” of this.*

*What if your goodness is too bright, you went on to say, and it melts everything in its path, consuming you in some kind of literary tragedy? You're confusing fiction with real life. You wondered if it was worth risking the possibility of this being true and sacrificing the relative comfort and security you have. I wonder if what you have is really so safe and secure.*

*Surely it is the Hero's Journey to move out of whatever you perceive as your comfort zone. What else is it but the giving up of what you know for an unknown that could be bigger, bolder, richer? Don't the doubts and fears have to come along, as much a part of your travel pack as your sword and shield?*

*For you, this Journey is more an Act of Faith taken moment by moment than an adventure of miles. It's about Opening to, Stepping up to, and Embracing your Life*

*You need to decide if you still believe in this old mythology. Its worth and credibility are certainly in question. You have seen real evidence that it might not be serving you well, now. The Myth does – in practice – shut you down. It doesn't motivate you or make you feel good.*

*Are you going to say No to your Hero's Journey because of some shaky notions that may or may not be true?*

*Ponder this.*

*All My Loving,*

*A.*

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