

# UpWrite Words

Offering online and print writing services to the Personal Growth Community

## Love Letter — “Excess Baggage”

*My Dear, I just wanted to say ~*

*Ease up! You're doing what you need to be doing. Pursuing your dreams, tending to present moment realities, expanding your horizons and taking good care. You are continuing to “listen in,” paying attention and staying open for Guidance. Putting energy into the things that are important to you.*

*The only way to get “better” at any of this is just to keep doing it. The harping voice telling you it isn't enough only slows you down, clouds your vision. You can see the truth much clearer without that excess baggage.*

*All My Lovin'  
A.*

For more Love Letters visit [www.UpWriteWords.com](http://www.UpWriteWords.com)